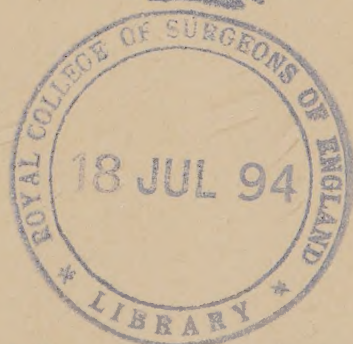
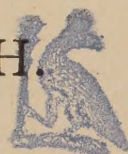


SUSSEX
COUNTY LUNATIC ASYLUM

HAYWARDS HEATH.



THIRTY-FIFTH ANNUAL REPORTS
FOR 1893.

HAYWARDS HEATH:
C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICES.

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1894.

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COMMITTEE OF VISITORS AND OFFICERS.

1893-4.

FOR EAST SUSSEX.

- 1* Albert Burtenshaw, Esq., Hailsham.
- 2* W. H. Champion, Esq. (*Chairman*), Danny, Hassocks.
- 3* C. R. Kemp, Esq., Bedford Lodge, Lewes.
- 4* Henry R. Knipe, Esq., 11 Eaton Gardens, West Brighton.
- 5 Colonel Wm. Rowe Lewis, The High Beech, Hollington, Hastings.
- 6* Major John James Lister, Warninglid Grange, Haywards Heath.
- 7* Charles Longley, Esq., Wivelsfield, Haywards Heath.
- 8* Major T. A. Maberly, Mytten, Cuckfield.
- 9* William Epps Morrison, Esq., Mondello Lodge, Blackwater Road, Eastbourne.
- 10 H. F. H. Newington, Esq., M.D., The Gables, Ticehurst, Hawkhurst.
- 11 John Stewart Oxley, Esq., Fen Place, Turners Hill, Worth.
- 12 T. E. Ravenshaw, Esq., South Hill, Worth, Crawley.
- 13 Lieut.-Colonel Dudley T. H. Sampson, Buxshalls, Lindfield.
- 14 Captain Arthur Weekes, Mansion House, Hurstpierpoint.

FOR THE COUNTY BOROUGH OF BRIGHTON.

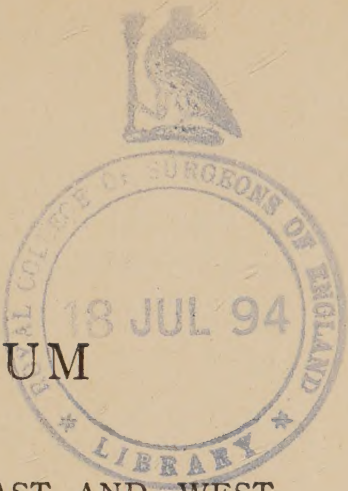
- 1 J. G. Blaker, Esq., The Romans, Stanford Avenue, Brighton.
- 2* J. L. Bridgen, Esq., 187 Western Road, Brighton.
- 3 Joseph Ewart, Esq., M.D. (Mayor of Brighton), Montpelier Hall, Montpelier Terrace, Brighton.
- 4* Edward Martin, Esq., 42 Buckingham Place, Brighton.
- 5* Edward James Reeves, Esq., 85 Queen's Road, Brighton.
- 6* William Sendall, Esq., 131 Preston Road, Brighton.
- 7* James Horton Stephens, Esq., 9 Clifton Hill, Brighton.

OFFICERS.

- Medical Superintendent*—C. E. Saunders, Esq., M.D.
Senior Assistant Medical Officer—E. B. C. Walker, Esq., M.D.
Junior Assistant Medical Officer—F. D. Bennett, Esq., L.R.C.P.
Chaplain—The Rev. E. R. D. Litle, M.A.
Clerk of the Asylum—Mr. S. A. Mortlock.
Storekeeper—Mr. T. Lenton.
Housekeeper—Mrs. Woodhouse.
Head Attendants—Mr. John Backhouse (Male Department).
Miss Buckle (Female Department).
Assistant Female Officer—Miss Mary Darbyshire.
Treasurer—Francis Barry Whitfeld, Esq., Lewes.
Clerk to the Visitors—Reginald Blaker, Esq., Lewes.

* Member of House Committee.

JANUARY, 1894.



LUNATIC ASYLUM

FOR THE

ADMINISTRATIVE COUNTIES OF EAST AND WEST
SUSSEX AND THE COUNTY BOROUGH OF BRIGHTON.

THIRTY-FIFTH ANNUAL REPORT OF THE VISITING COMMITTEE.

*To the Councils of the Administrative Counties of East and
West Sussex and the County Borough of Brighton.*

THE VISITING COMMITTEE have the pleasure to submit
to the Councils their Report for the past year.

Your Committee have the satisfaction of reporting
very favourably of the highly efficient condition and
good management of the Asylum.

The Medical Superintendent, Dr. Saunders, as well
as the other officers of the Asylum, have performed
their several duties in a manner highly satisfactory to
your Committee, and they are also able to report
favourably of the conduct of the servants of the Asylum,
as well as that of the attendants generally.

The installation of new and improved machinery and
plant in the Bakehouse, the expenditure for which was
authorised by the Councils of East Sussex and Brighton,
has been carried out to the great advantage of the
establishment.

Your Committee, in accordance with the recommendations of Mr. F. D. Boggis-Rolfe, the District Auditor, contained in his report for the year ended 31st March, 1892, adopted a new system of accounts. The new system is similar to the form of accounts used in the Asylums under the control of the London County Council, and is the form approved by the Local Government Board. The Committee are very satisfied with the way in which Mr. Mortlock, the Clerk of the Asylum, has carried out and adapted himself to the change.

On the 15th June last Mr. Boggis-Rolfe reported on his audit for the year ended 31st March, 1893, and again reported favourably on the manner in which the accounts were kept.

In February last your Committee granted a Superannuation Allowance of £57 4s. a year to Charles Stebbing, who for many years had discharged the duties of head gardener, which grant has already received the sanction of the Councils.

Your Committee also in September last granted Superannuation Allowances to attendant Horace Parks of £46 13s. 4d. a year; to head laundry-maid Eliza Pinyoun of £38 a year; and to the head baker Thomas William Chatfield of £45 a year. The sanction of the Councils to these grants is asked for in separate reports.

Throughout the year the patients and the wards have been regularly visited and inspected by your Committee.

The crowded and congested state of the Asylum has, during the past year, caused great anxiety to your Committee, and they have used every means in their

power to remedy the same by endeavouring to enter into reception contracts with other Asylums. This, however, has been found to be a difficult matter, many Asylums appearing to be in much the same crowded condition as Haywards Heath. To add to the difficulty previously existing the contract with Berry Wood for the reception of 60 males and 50 females into that Asylum expired on July 18th last, and your Committee were only able to renew it for 60 males and 25 females, being 25 females less than before. The authorities at the Littlemore Asylum, wanting room for their own patients, gave your Committee notice to remove the 10 males, and in April last to remove the remaining 5 females under contract at that Asylum, so that in July last your Committee had to find additional accommodation for 30 females and 10 males. This has to a great extent been met by using the Sanatorium at Haywards Heath for ordinary patients, provision being made by adapting a cottage on the Asylum estate as a temporary Sanatorium for cases of infectious disease that might occur. Your Committee were also successful in August last in arranging a contract with the proprietor of Grove Hall Asylum, London, for the reception of 12 quiet male cases, which have been safely transferred to that Asylum.

Your Committee have lent their best assistance to the West Sussex Council in working out the Order of Dissolution made on the 12th April, 1892, by the Commissioners acting under the Local Government Act. Eighty of the West Sussex patients will remain under contract at Haywards Heath after the 31st December next, but this contract can at any time be

terminated by your Committee on giving six months' notice, as it is felt that the accommodation may ere long be wanted for patients from East Sussex and Brighton.

On the 20th July last the Lord Chancellor's Visitor paid an official visit to the Asylum.

On the 18th and 19th November, 1892, the Commissioners in Lunacy made their annual visit to the Asylum for the year 1892, and on the 18th and 19th May last that for the year 1893, and left satisfactory reports.

The general health of the patients resident at the Asylum has during the year been remarkably good. In July last one case of scarlet fever occurred, which was successfully treated, and there was no further case.

In March last a patient died from the effects of an injury received in the Asylum, and the County Coroner held an inquest on the body, when the Jury entirely exonerated the officials from any blame.

The number of patients on the books on 30th September, 1893, was: 1052.

At Haywards Heath	{	Males . .	368	<hr/>	913
		Females . .	545		
At Berry Wood ...	{	Males . .	57	<hr/>	127
		Females . .	70		
At Grove Hall ...		Males . .	12	<hr/>	12
				<hr/>	1052

This total of 1052 is analysed as follows:—

From Unions and parts of Unions in East Sussex	406
From Unions and parts of Unions in West Sussex	300
From Brighton Union and part of Steyning Union in County Borough of Brighton.	330
County Patients chargeable to East Sussex and Brighton.	2
County Patient chargeable to West Sussex	1
Criminal, Out County, and Private Cases	13
	<hr/>
	1052

For the purpose of this analysis the patients from East Sussex and Brighton chargeable to the overlapping Union of Steyning have been apportioned according to population.

The number of Patients on the books on the 30th September, 1892, was 995, which compared with 1052, the number on 30th September last, shews an increase of 57 during the year.

The Admissions (exclusive of Trans- fers from Berry Wood and Little- more), during the year ended 30th September, 1893, were	266
The Discharges from Haywards Heath (exclusive of Transfers)	114
Ditto from Berry Wood	3
Ditto from Littlemore	—
The Deaths at Haywards Heath	86
Ditto at Berry Wood	6
Ditto at Littlemore	—
	<hr/>
	209
Increase as above mentioned	<hr/> 57

The vacant beds on the 30th September, 1893, were :—

On Male side 2

On Female side Nil.

On the 30th September, 1893, there were 9 Chichester patients at the Portsmouth Asylum, as compared with 10 on the 30th September, 1892.

The 9 Chichester patients at Portsmouth are not included in the above number of 1,052, as they are not on the books at Haywards Heath.

Since the 30th September last, the day on which the above figures are stated, your Committee have, under a contract, arranged by them with the manager of Fisherton House Asylum, near Salisbury, contracted to send 50 male and 50 female patients to that Asylum.

The following is a table shewing the attendances of your Committee during the past year :—

TABLE OF ATTENDANCES FROM
26TH NOVEMBER, 1892, TO 28TH OCTOBER, 1893,
BOTH INCLUSIVE.

	<i>General Committee</i>		<i>House Committee</i>	
	Number of times Summoned.	Attended.	Number of times Summoned.	Attended.
FOR EAST SUSSEX.				
*Mr. Albert Burtenshaw.	12	10	20	11
*Mr. W. H. Champion (<i>Chairman</i>)	12	12	20	20
*Mr. C. R. Kemp	12	8	20	12

*Mr. Henry R. Knipe . . .	12	6	20	9
Colonel Wm. Rowe Lewis. .	12	5		
*Major John James Lister . .	12	12	20	19
*Mr. Charles Longley . . .	12	9	20	1
*Major T. A. Maberly . . .	12	7	20	11
Mr. John Mews (<i>died May, 1893</i>)	6	6		
*Mr. Wm. Epps Morrison . .	12	9	20	13
Dr. H. F. H. Newington (<i>appointed August, 1893</i>) .	3	3		
Mr. John Stewart Oxley . .	12	8	1	1
Mr. T. E. Ravenshaw . . .	12	12	1	1
Lieut.-Colonel Dudley T. H. Sampson	12	7		
Mr. Arthur Weekes	12	12	1	1

FOR WEST SUSSEX.

Major W. G. Barttelot (<i>retired</i> <i>March, 1893</i>)	4	—		
Rev. P. Crick (<i>appointed March</i> <i>1893</i>)	8	3		
*Rev. Dr. Alfred Conder . .	12	10	20	8
Rev. John Goring	12	—		
*Mr. Harry Hargood	12	7	20	8
*Rev. Henry Palmer	12	7	20	7
Mr. E. C. Patching (<i>Mayor of</i> <i>Worthing</i>)	12	2		
*Mr. William Smith (<i>Mayor of</i> <i>Chichester</i>)	12	6	20	6
*Lieut.-Col. T. F. Wisden . .	12	—	20	—

FOR BRIGHTON.

Mr. Edwin Booth	12	10		
Mr. Joseph Ewart, M.D. (<i>Mayor of Brighton</i>) . . .	12	2		
*Mr. Edward Martin	12	12	20	15
*Mr. Edward James Reeves .	12	10	20	15
*Mr. William Sendall . . .	12	10	20	9
*Mr. James Horton Stephens .	12	9	20	12
*Mr. James Osman Thomas (<i>appointed on House Committee,</i> <i>May, 1893</i>)	12	10	10	7

*Member of House Committee.

On behalf of the Visiting Committee,

W. HENRY CAMPION,

Chairman.

HAYWARDS HEATH,

28TH OCTOBER, 1893.

SUSSEX COUNTY LUNATIC ASYLUM, HAYWARDS HEATH.

RECEIPTS and EXPENDITURE for the Year ending 31st March, 1894.

MAINTENANCE ACCOUNT.

RECEIPTS.						EXPENDITURE.					
	QUARTERS ENDING.				Total year ending March 31st.		QUARTERS ENDING.				Total year ending March 31st.
	1893, June 30th.	Sept. 30th.	Dec. 31st.	1894, March 31st.			1893, June 30th.	Sept. 30th.	Dec. 31st.	1894, March 31st.	
Goods Sold, viz. :—	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.		£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
Farm and Garden Sales.....	87 11 3	22 14 10	9 1 10	123 14 4	243 2 3	Salaries and Wages :—	563 15 0	569 0 0	573 19 11	550 15 2	2287 10 1
Old Stores, &c.	11 8 6	12 19 10	14 10 8	14 4 6	53 3 6	Officers	773 17 5	840 10 4	803 16 9	822 2 5	3240 6 11
Sundries	67 14 10	66 17 6	64 2 9	67 9 1	266 4 2	Attendants and Others	1817 3 10	2297 11 11	2074 7 3	1780 6 0	7969 9 0
Sums received on Account of the Maintenance of Pauper Patients :—						Provisions (including Malt Liquor in ordinary diet)	46 11 6	42 11 0	49 10 6	51 9 6	190 2 6
From Guardians of Unions and Parishes within the Contribu- tory Counties and Borough	6096 14 2	6238 15 8	6866 7 8	5018 0 11	24219 18 5	Malt Liquor, Wine and Spirits (not included in ordinary diet).....	330 17 1	262 15 1	542 15 8	500 3 6	1636 11 4
From Guardians of other Unions and Parishes	63 0 0	50 6 0	22 18 0	8 4 0	144 8 0	Farm and Garden Expenses	235 18 11	222 2 4	305 12 9	261 12 9	1025 6 9
From the Treasurers of Contribu- tory Counties and Boroughs ...	30 1 3	23 19 8	19 14 3	13 3 8	86 18 10	Clothing :—	6 15 9	109 7 7	10 4 5	110 17 4	237 5 1
From the Treasurers of other Asylums, for Patients received under contract or arrangement	880 1 4	880 1 4	For Patients	623 17 2	618 12 4	1098 19 4	890 5 0	3231 13 10
Private Patients	72 16 0	73 11 9	57 19 6	52 6 7	256 13 10	For Attendants	40 17 9	13 19 8	17 12 10	27 18 6	100 8 9
Criminal Patients :—						Necessaries (including Fuel, Light- ing and Washing)	182 2 10	473 2 10	151 2 3	112 4 7	918 12 6
From Parliamentary Vote	17 4 0	12 10 0	2 12 0	...	32 6 0	Furniture and Bedding	17 14 6	8 15 9	7 14 10	16 6 0	50 11 1
Funeral and Removal Expenses :—						Funeral Expenses	1473 3 0	1294 19 0	2304 2 9	...	5072 4 9
From Guardians of Unions and Parishes	24 0 0	15 16 6	29 6 6	27 16 6	96 19 6	Payments to Treasurers of other Asylums for Patients under contract or arrangement	89 17 2	18 15 9	108 12 11
Other Receipts, specifying them :—						Transfers to the Building and Repairs Fund Account, viz. :—
Rebate from County Councils under Lunacy Act, 1890, sec. 269 (9)—Berry Wood	356 2 0	304 1 0	289 19 6	...	950 2 6	For Ordinary Repairs (53 Vic., c. 5, s. 271 [2])	86 0 6	82 10 8	66 2 7	79 2 11	313 16 8
Ditto ditto—EastSussex only, ditto	4 5 0	...	4 5 0	Other Payments, specifying them :—	27 16 3	42 1 7	20 15 11	38 11 10	129 5 7
Ditto ditto—Littlemore	12 3 9	12 3 9	Stationery and Printing	24 1 7	51 4 6	105 18 0	154 11 11	335 16 0
Ditto ditto—Fisherton House	256 7 6	...	256 7 6	Periodicals and Amusements	40 6 11	15 11 10	27 2 0	24 5 2	107 5 11
Ditto ditto—Grove Hall.....	...	18 11 3	25 1 2	...	43 12 5	Freight and Carriage
						Incidentals
						Paid to West Sussex Council under Article 5 of the Order of the L. G. Act Commissioners of the 12th April, 1892	1717 18 1	1717 18 1
Total Receipts	6838 15 9	6840 4 0	7662 6 4	6205 0 11	27546 7 0	Total Expenditure	6291 0 0	6944 16 5	8249 14 11	7187 6 5	28672 17 9
Balance at the Commencement of the Year, viz. :—	6200 5 1	Balance in hand at End of Year, viz. :—	5073 14 4
Total of Receipts and Balances.....	33746 12 1	Total of Expenditure and Balances	33746 12 1

BUILDING AND REPAIRS FUND ACCOUNT.

RECEIPTS.						EXPENDITURE.					
	QUARTERS ENDING.				Total year ending March 31st.		QUARTERS ENDING.				Total year ending March 31st.
	June 30th.	Sept. 30th.	Dec. 31st.	March 31st.			June 30th.	Sept. 30th.	Dec. 31st.	March 31st.	
Ordinary Repairs.....	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	Ordinary Repairs	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
Additions, Alterations, and Im- provements (under £400)	336 7 4	337 17 8	393 19 0	378 14 6	1446 18 6	Additions, Alterations, and Im- provements (under £400)	344 7 6	344 10 8	489 17 8	404 0 3	1582 16 1
New Buildings and Extraordinary Outlay	141 4 0	16 16 0	120 0 0	57 10 9	335 10 9	New Buildings and Extraordinary Outlay	141 4 0	16 16 0	120 0 0	57 10 9	335 10 9
Rates, Taxes, and Insurance	226 4 7	184 11 10	...	385 19 5	796 15 10	Rates, Taxes, and Insurance	226 4 7	184 11 10	...	385 19 5	796 15 10
Other Payments, specifying them :—	103 2 3	103 2 3	Other Payments, specifying them :—	103 2 3	103 2 3
Superannuation	221 10 3	221 10 3	252 0 11	...	695 1 5	Superannuation	221 10 3	221 10 3	252 0 11	...	695 1 5
Cottage Rent	8 0 2	6 13 0	6 1 6	6 10 0	27 4 8						
Transfers from the Maintenance Account, viz. :—											
For Ordinary Repairs (53 Vic., c. 5, sec. 271 [2])	89 17 2	18 15 9	108 12 11						
Total	933 6 4	767 8 9	861 18 7	950 12 8	3513 6 4	Total	933 6 4	767 8 9	861 18 7	950 12 8	3513 6 4

Examined by the Finance Committee, April 28th, 1894.

(Signed) W. HENRY CAMPION (Chairman).
W. E. MORRISON.
JOHN J. LISTER.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

AVERAGE WEEKLY EXPENDITURE for the Year, for each Patient, from Weekly Rate.					
	QUARTERS ENDING.				Average for the Year ending 31st Mar., 1894.
	1893, June 30th.	Sept. 30th.	Dec. 31st.	1894, March 31st.	
Provisions	s. d.	s. d.	s. d.	s. d.	s. d.
House and other Expenses	3 6 $\frac{1}{2}$	4 1 $\frac{1}{2}$	4 2 $\frac{3}{4}$	3 11 $\frac{1}{2}$	3 11 $\frac{1}{2}$
Clothing	1 10 $\frac{3}{4}$	1 11 $\frac{1}{2}$	2 5 $\frac{3}{4}$	2 4 $\frac{3}{4}$	2 12 $\frac{1}{2}$
Salaries and Wages.....	0 4 $\frac{3}{4}$	0 8 $\frac{1}{2}$	0 6	0 6 $\frac{1}{2}$	0 6 $\frac{1}{2}$
Medicine, Spirits, &c.....	2 4 $\frac{1}{2}$	2 4 $\frac{1}{2}$	2 6 $\frac{1}{2}$	2 6 $\frac{1}{2}$	2 5 $\frac{3}{4}$
Incidentals	0 1 $\frac{1}{2}$	0 1 $\frac{1}{2}$	0 1 $\frac{1}{2}$	0 1 $\frac{1}{2}$	0 1 $\frac{1}{2}$
Total	0 3 $\frac{1}{2}$	0 3 $\frac{1}{2}$	0 6 $\frac{1}{2}$	0 0 $\frac{1}{2}$	0 3 $\frac{1}{2}$
	8 7 $\frac{1}{2}$	9 5 $\frac{1}{2}$	10 3 $\frac{1}{2}$	9 8	9 6
Weekly Rate Chargeable to the Unions Contributing to the Asylum	9 3	9 3	10 0	10 3	9 8 $\frac{1}{2}$
Ditto do. Not Contributing do.....	14 0	14 0	14 0	14 0	14 0
Ditto do. For Private Patients	16 0	16 0	16 0	16 0	16 0

SUSSEX COUNTY LUNATIC ASYLUM.

BALANCE STATEMENT for the Quarter ending March 31st, 1894.

ASSETS.		DEBITS.	
	£ s. d.	1894.	£ s. d.
1893.			
Dec. 31. From Unions, &c., in Arrear	13 3 3	Mar. 31. To Amounts due to Sundry Tradesmen, on Account of Maintenance, Repairs, &c., &c.	2843 11 7
1894.		ditto on Cheques not paid in	958 2 8
Mar. 31. Due from Unions Contributing	5045 17 5	Cheques on Salaries not paid in	580 15 2
" " Ditto not ditto	888 5 4		
" " County Treasurer	13 3 8		
" " Private Patients' Account ..	52 6 7		
" For Sale of Farm Produce, Stores, &c.	205 7 11		
" Repairs, Alterations, &c.	925 6 11		
" Cottage Rent	6 10 0		
" Cash in Banker's Hands	1976 18 0		
" " Clerk's ditto	329 4 8	Surplus Balance	5073 14 4
	<u>£9,456 3 9</u>		<u>£9,456 3 9</u>

Submitted to the Finance Committee this 28th day of April, 1894.

(Signed)

W. E. MORRISON.
JOHN J. LISTER.

(Signed)

S. A. MORTLOCK,
Clerk of the Asylum.

SUSSEX LUNATIC ASYLUM.

Dr. Farm and Garden Accounts for the Year ending 31st March, 1894. Cr

1893.—March 31st.	£	s.	d.	£	s.	d.
To Estimated Value of Live Stock	912	14	0			
Estimated Value of Dead Stock	360	14	0			
Estimated Value of Tenant's Valuation	604	2	6			
Estimated Value of Provender	341	1	0			
				2218	11	6

1894.—March 31st.	£	s.	d.	£	s.	d.
To Purchase of—						
17 Cows.....	368	0	0			
50 Sheep	63	15	0			
Grains	118	17	3			
Oil Cake	111	3	9			
Bran and Sharps	35	16	8			
Medicine and Shoeing	29	3	6			
Barley and Maize	55	3	6			
Straw and Moss Litter	105	2	0			
Seeds and Manure ...	133	19	7			
Implements.....	34	16	8			
Wages of Bailiff, Gardener, Cowman, Carter, and other Servants employed on Farm	516	18	6			
Railway Carriage	26	8	6			
Thatching	4	18	7			
Valuation.....	7	7	0			
Sundries	25	0	10			
				1636	11	4

Rates and Taxes	36	19	7			
Estimated Rent on Land	200	0	0			
				236	19	7

Balance in favour..... 16 8 7

£4,108 11 0

1894.—March 31st.	£	s.	d.	£	s.	d.
By Sale of—						
20 Calves	16	17	6			
40 Sheep.....	69	5	0			
10 Pigs.....	39	9	9			
Hides and Skins	12	16	0			
Hay and Oats	99	7	6			
Vegetables.....	4	0	6			
Sundries.....	1	6	0			
				243	2	

By Produce supplied to House—						
10,923 lbs. Beef @ -/5 $\frac{3}{4}$	261	13	11			
667 „ Suet @ -/5 $\frac{1}{2}$	14	11	9			
4,568 „ Pork @ -/5 $\frac{1}{2}$						
and -/5 $\frac{1}{2}$	108	8	6			
2,463 „ Mutton @ -/6	61	11	6			
Bells, Livers, &c. ...	5	17	5			
				452	3	

18,505 gals. Milk @ -/11	848	2	11			
6,004 No. Eggs „ -/1	25	0	4			
122 „ Poultry „ 2/6	15	5	0			
62 „ Rabbits „ 1/2	3	12	4			
				892	0	7
1,883 bus. Cabbage @ 1/-	94	3	0			
85 $\frac{1}{2}$ „ Onions „ 2/-	8	11	0			
1,763 „ Potatoes „ 2/-	176	6	0			
17 „ Peas „ 2/-	1	14	0			
180 $\frac{3}{4}$ „ Beans „ 2/-	18	0	9			
295 $\frac{1}{2}$ „ Carrots „ 2/-	29	11	0			
376 „ Parsnips „ 2/-	37	12	0			
52 $\frac{1}{2}$ „ Turnips „ -/10	2	3	6 $\frac{1}{2}$			
1,596 No. Cauliflowers @ -/1 $\frac{1}{2}$	9	19	6			
Other Vegetables	29	7	7			
Fruit and Rhubarb.....	34	10	8 $\frac{1}{2}$			
Vegetables and Fruit supplied to Medical Superintendent	24	6	8			
				466	5	9

Keep of House Horse...	23	8	0			
				23	8	0

By Estimated Value of Live Stock.....	892	18	0			
Estimated Value of Dead Stock	335	0	6			
Estimated Value of Tenant's Valuation	617	5	10			
Estimated Value of Provender	186	7	0			
				2031	11	4

£4,108 11 0

ESTIMATED VALUE OF FARM STOCK:—

1893.—March 31st.	£	s.	d.
38 Cows, Bull, Fattening Beasts, and Calves	502	10	0
7 Horses	249	0	0
34 Head of Swine	95	4	0
20 Sheep and Lambs	48	0	0
120 Poultry and Ferrets	18	0	0
	912	14	0
Dead Stock, Implements, &c.	360	14	0
Tenant's Valuation	604	2	6
Provender	341	1	0
	£2,218	11	6*

1894.—March 31st.	£	s.	d.
37 Cows, Bull, Fattening Beasts, and Calves	525	0	0
7 Horses	232	0	0
60 Head of Swine.....	123	0	6
103 Poultry and Ferrets	12	17	6
	892	18	0
Dead Stock, Implements, &c.	335	0	6
Tenant's Valuation	617	5	10
Provender	186	7	0
	£2,031	11	4*

Examined by the Farm Committee, April 28th, 1894.

(Signed) W. HENRY CAMPION, Chairman.
JOHN J. LISTER.
J. HORTON STEPHENS.
A. BURTENSHAW.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

* These Valuations were made by Mr. THOS. BANNISTER, Haywards Heath.

An Abstract of the Annual Returns of Pauper Lunatics chargeable to the several Unions and Places in the County of East Sussex, 1st January, 1894.

(Lunacy Act, 1890, Rule 29.)

CHARGEABLE TO UNIONS AND COUNTY.	In County Asylum.		In Private Asylum.		In Asylums in other Counties		In Work- houses.		In Lodg- ings or Boarded out.		Residing with Re- latives or Friends.		TOTAL.	
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
Battle	11	19	3	1	1	...	15	20
Brighton.....	106	174	2	2	18	13	75	74	20	19	221	282
Chalvey	8	7	1	4	1	..	10	11
*Cuckfield	17	30	2	...	4	10	3	...	26	40
Eastbourne	23	22	5	...	1	5	1	3	30	30
*East Grinstead	11	18	1	1	7	9	3	4	22	32
Hailsham	13	16	2	4	3	1	1	7	19	28
Hastings	2	14	...	44	29	3	2	3	33	64
Lewes	15	9	3	3	3	4	21	16
Newhaven	9	3	1	...	2	5	12	8
Rye	8	10	1	2	10	4	2	3	21	19
*Steving	31	43	6	20	3	7	6	9	5	7	51	86
*Ticehurst	17	14	4	3	1	1	22	18
Uckfield	8	18	2	3	3	6	5	5	18	32
West Firle.....	2	4	2	4
County, East Sussex...	2	2	...
TOTALS.....	283	401	8	66	67	36	124	138	43	49	525	690

* As a portion of these Unions are in other Counties the whole of their Lunatics do not belong to East Sussex.

SUMMARY.

Year.	In Asylums.		In Workhouses		With Friends.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	M. & F.
1st January, 1894	358	503	124	138	43	49	525	690	1215

S. A. MORTLOCK,
Clerk of the Asylum.

LOAN ACCOUNT.—EAST SUSSEX.

Showing the Amount of Money Borrowed, and the Payments made in respect of the same, on the 31st March, 1894.

When Borrowed.	Rate of Interest.	Amount of Loans.	Amount Paid off during the year ended 31st March, 1894.	Total Amount paid off.	Remaining due.
		£ s. d.	£ s. d.	£ s. d.	£ s. d.
1856, October 13th.	£4 $\frac{1}{4}$ per cent.	500 0 0	500 0 0
" "	£4 $\frac{1}{2}$ per cent.	500 0 0	500 0 0
" "	"	500 0 0	500 0 0
1857, April 6th.	"	11000 0 0	11000 0 0
" October 19th.	"	5500 0 0	5500 0 0
1858, January 4th.	"	5500 0 0	5500 0 0
" June 28th.	"	5500 0 0	5500 0 0
" October 18th.	"	5000 0 0	5000 0 0
1859, April 4th.	"	8000 0 0	8000 0 0
" June 27th.	"	1550 0 0	1550 0 0
" "	"	6700 0 0	6700 0 0
" October 17th.	"	3350 0 0	3350 0 0
1860, January 2nd.	"	2680 0 0	2680 0 0
1861, April 8th.	"	1340 0 0	1340 0 0
1863, October 19th.	"	3350 0 0	111 13 4	3350 0 0
1864, January 4th.	"	2345 0 0	78 3 4	2345 0 0
1866, October 15th.	£5 per $\frac{1}{4}$ cent.	4355 0 0	145 3 4	3919 10 0	435 10 0
1881, October 17th.	£4 per cent.	536 0 0	17 17 4	214 8 0	321 12 0
1893, December 29th.	£3 $\frac{1}{2}$ per cent.	*10358 14 0	10358 14 0
		£78564 14 0	£352 17 4	£67448 18 0	£11115 16 0

*To partially pay out West Sussex under the Award of 12th April, 1892.

THE
MEDICAL SUPERINTENDENT'S
THIRTY-FIFTH ANNUAL REPORT.

THE MEDICAL SUPERINTENDENT has the honour Thirty-fifth Annual Report. to submit the Thirty-fifth Annual Report to the Committee of Visitors.

On the 30th September, 1892, the Numbers in the Numbers on the 30th September, 1892. Asylum were—Male, 362; Female, 477; Total, 839.

The Admissions during the year ending 30th Sep- Admissions. tember, 1893, have been—Male, 119; Female, 178; Total, 297.

The Discharges during the year have been—Male, Discharges. 70; Female, 67; Total, 137.

The Deaths during the same period have been— Deaths. Male, 43; Female, 43; Total, 86.

The Average Daily Number Resident during the Mean Annual Population. year has been—Male, 369; Female, 502; Total, 871.

The Numbers in the Asylum this day (30th Sep- Numbers this day, September 30th, 1893. tember, 1893), are—Male, 368; Female, 545; Total, 913.

The admissions exceeded by 21 those of the previous The Admissions year, and were largely (90) in excess of the average.

The following tabular Statements shew the details of the year's admissions, the expectancy of recovery on admission, their age groups, forms of mental disorder, and subsequent history.

Expectancy of Recovery.	Admission	Good.	Fair.	Bad or Hopeless.	Actively Suicidal.
Males	119	32	28	59	41
Females ...	178	43	43	92	57

AGES ON ADMISSION.

	5—15.	15—35.	35—55.	55—75.	75 and upwards	Un-known.
Males	2	40	45	26	6	...
Females ...	1	54	82	34	7	...

Form of Mental Disorder of Year's Admissions.

	Males.	Females.	Total.
Insanity with Epilepsy	9	7	16
Idiocy without Epilepsy	4	1	5
„ with Epilepsy	1	...	1
Imbecility without Epilepsy..	1	7	8
„ with Epilepsy.....	2	1	3
General Paralysis.....	10	8	18
Dementia	16	20	36
Mania	51	78	129
Melancholia	24	56	80
Not Insane.....	1	...	1
TOTAL	119	178	297

Table shewing the numbers of the Year's Admissions who were Discharged, Died, or Remain.

	Males.	Females.	Total.
Discharged Recovered.....	14	24	38
„ Unimproved.....	2	1	3
„ to care of friends	13	8	21
„ from on trial.....	...	1	1
Transferred to other Asylums	...	2	2
Not Insane.....	1	...	1
Died	18	6	24
Remain in Asylum	71	136	207
TOTAL	119	178	297

The discharges were at the rate of 46 per cent. of the year's admissions.

Fifty-four patients were discharged recovered; 12 were sent out on trial and were subsequently discharged "recovered"; 41 were discharged relieved to the care of their friends; 1 was not insane, and the remainder were transferred to other Asylums not materially relieved.

Eighty-six deaths occurred, viz., 43 males and 43 females.

Of the total deaths, 16 were due to phthisis, 7 to bronchitis or pneumonia, 7 to heart disease, 13 to progressive paralysis of the insane, 13 to old age, and the remaining 30 to other constitutional disorders, mental or bodily.

The following Table shews the ages at death, in certain age groups.

AGES AT DEATH.

	0-5	5-15	15-35	35-55	55-75	75 and upwds	Total deaths from all causes and at all ages.
Males	2	7	16	11	7	43
Females	8	14	15	6	43
Total..	..	2	15	30	26	13	86

The death-rate is 9·8 per cent. of the population daily resident.

Post-mortem examinations were made in 27 cases. While it may be regretted that no more autopsies were made, yet the personal feelings of the living are not matters which can be altogether subordinated to rules and regulations, even though the defect involves adverse criticism on those who cannot control it.

Every death was reported to the Coroner, but in only one instance did he consider an inquest necessary. In this case death was due to pneumonia ensuing on a fractured rib which occurred in an epileptic patient. The Coroner's jury found a verdict in accordance with the medical evidence, and absolved the Asylum officials from all blame.

The total number of patients under treatment was 1,136.

The average daily number was 871, while in the month of September the daily numbers reached 917.

In July 25 female patients had to be brought back from Northampton on the termination of one of the contracts. This complicated the already overcrowded wards, so that some further accommodation had to be provided. In this extremity the Guardians of the Chailey Union were approached with a view of coming to terms for the rental of a portion of the Chailey Workhouse for Asylum purposes. The Guardians most willingly lent themselves to the proposal, but the requirements of the Commissioners in Lunacy were of such a nature as to make the adaptation of the building it was proposed to occupy so costly a matter, having regard to the temporary use for which it was required, that the idea had reluctantly to be abandoned.

This effort to provide further accommodation having failed, the Sanatorium (intended for infectious disease) was made use of, and in July 39 female patients were placed in it.

Happily provision had been made for an infectious outbreak by setting apart a cottage on the estate. It was indeed fortunate that this was done, as the Sanatorium had only been two days in occupation when a case of scarlet fever occurred—an adult female patient. The case was at once completely isolated, and no second case occurred. The origin of this case was most obscure, but was possibly in some way connected with the visitors at the Commemoration Fête, which was held a week previously.

The Census (1891) Returns being now available, it may be of interest to give the figures of the population in the three Divisions of the County in which this

Asylum is interested, as well as the number of pauper lunatics in the County Asylum chargeable to each, on January 1st, 1893.

CENSUS. 1891.

	Enumerated Population.			Lunatics in County Asylum Jan. 1st, 1893.		Total.
	Males.	Females.	Total.	Males.	Females.	Total.
Administrative County of East Sussex.....	112897	127367	240264	147	189	336*
Administrative County of West Sussex.....	68369	72250	140619	106	132	238*
County Borough of Brighton.....	50726	65147	115873	113	169	282*
Totals	231992	264764	496756	366	490	856

There is no reason to believe that the actual increase of Lunacy in Sussex is such as to give any serious cause for alarm. In 1881 the ratio of paupers and lunatics chargeable to the respective Unions was 24·9 per 10,000 of population, while in 1891 the ratio was 27·6 per 10,000, but it is probable that this increase is more apparent than real, and due in great measure

*The number of patients in the Steyning Union chargeable to parishes and parts of parishes in East and West Sussex and the County Borough of Brighton, are estimated, as to their apportionment, to the respective administrative divisions.

to more persons being brought under official cognisance, and to the accumulation of chronic cases.

There have been six escapes, but the patients were all heard of shortly afterwards, and were brought back.

The accidents have not been serious, and have already been reported to the Committee as they occurred.

Among the alterations and improvements may be mentioned the following :

The dairy has been re-drained, re-paved, and the walls faced with white glazed tiles. A cream-separator and other dairy appliances of the most modern type have been provided. Miss Edna L. Walter, B.Sc., of the City and Guilds of London Institute, was engaged to instruct the Dairymaid in the uses of these, and gave a very interesting and instructive demonstration on butter-making.

A separate way has been provided for the farm-men to approach the Dairy, so that they need not come into the house at all.

Alterations at the Farm provide a separate room for washing milk cans, quite disconnected from the cow-sheds. A fodder-house has also been made quite distinct from the cow-sheds. By these means the quality of the milk and the purity of the air which the cows breathe, have been greatly improved.

Linoleum has been substituted for cocoa-nut matting, as a floor covering, throughout the Male wards, and the advantages of this, both substantial and for appearance sake, are very great.

The Female general bath-room has been re-decorated and the walls plastered. Some of the single rooms on the ground floor have also been plastered, to the manifest advantage of their sanitary condition.

The excavation of a large mass of earth in the basement has given freer access to, and improved ventilation and lighting in, this part of the building.

A useful addition has been made to the greenhouse, which will enable the wards to be kept even better supplied with flowers than they have been. Another gardener, to work quite independently of the patients, has been engaged. A second baker has been employed, and this avoids the necessity of using patients' labour in the bakehouse, which has many advantages.

The Commissioners in Lunacy paid their statutory visit on 18th and 19th May; the Lord Chancellor's Visitor paid visits on February 16th and July 20th.

Several of the Boards of Guardians have sent Committees to visit the patients chargeable to their respective Unions, and very satisfactory reports have been left as to the condition in which they have found their patients.

The changes in the staff have been numerous: the retirement of so many old servants on pensions has necessitated this; new-comers, unless quite satisfactory, are better replaced until a reliable staff is organized.

Charles Stebbing, who had been gardener for 33 years, was pensioned; his place was taken by James Sinnock, a promotion which has been amply justified.

Horace Parks, a Charge Attendant, and Elizabeth Pinyoun, Head Laundrymaid, were also pensioned, after 28 and 30 years' service respectively.

In April Miss Mary Darbyshire was appointed Assistant Female Officer *vice* Miss Gardner resigned. Miss Darbyshire possesses qualities which will make her a valuable officer.

The Medical Superintendent desires to thank his colleagues, Drs. Walker and Bennett, for their cordial and ready help, and to record his appreciation of the work of the Head Attendants in their respective divisions.

It only remains for him to hope that he is so fortunate himself as to retain the confidence of the Committee.

C. E. SAUNDERS, M.D.,

Medical Superintendent.

SEPTEMBER 30th, 1893.

THE CHAPLAIN'S THIRTY-FIFTH ANNUAL REPORT.

Thirty-fifth
Annual Report.

THE Chaplain has the honour to lay before the Committee his annual Report.

Consecration of
Burial Ground.

The chief event of the year has been the consecration of the new Burial Ground by the Bishop of the Diocese, on Tuesday, May 30th. A number of the neighbouring clergy, with a selected body of male and female patients met His Lordship at the entrance to the cemetery, and the petition for consecration having been presented by Mr. Campion on behalf of the Committee, the boundaries of the ground were traversed, Bishop and People reciting alternate verses of the Proper Psalms. The Registrar then read the Sentence of Consecration, and the service was brought to a close by an appropriate address from the Bishop, who dwelt on the vast improvements which had been effected in the care and comfort of the insane.

Holy
Communion.

The Holy Communion has been celebrated at the usual times, with an average attendance of 14 (females

10, males 4). It was found necessary to keep back one patient, who was, in the opinion of the Chaplain and Superintendent, unfit to attend. A Celebration on the third Wednesday of each month was also held for officers and attendants, but as there was always great difficulty in getting a congregation, and as it was omitted during the Chaplain's holiday, it seemed best to abandon the experiment when the Chaplain returned.

The Chapel has been beautifully decorated at the Festivals. Christmas and Easter Festivals, and also for the Harvest Thanksgiving, which was held on September 3rd.

The usual Choir Practices have been regularly held, The Choir. though it has been rather up-hill work, owing to the loss of six of the best voices, a matter of great consequence to a small choir. The new voices, however, are gaining in strength and accuracy, and Attendants and Nurses shew great interest in this, which is purely a "labour of love."

The Funerals this year have numbered 52, as compared with 80 during the previous year. The falling off has been most noticeable during the three summer months. Funerals.

The patients, as a rule, take an interest in the work Schools. during the School hour, and some of the writing is very good. Drawing has not proved very successful, but it is hoped that simple arithmetic may be able to take its place.

Library.

The shelves on the Female side are quite filled with books, which are so admirably kept by Miss Buckle that there is hardly any loss. On the Male side the shelves are not so full, and great difficulty is experienced by the Chaplain in keeping the wards supplied, as the loss and destruction are very great.

Conclusion.

In conclusion, the Chaplain feels much indebted to the Superintendent and Staff for their sympathy and consideration.

(Signed) E. R. D. LITTLE, M.A.,

Chaplain.

SEPTEMBER 30th, 1893.

APPENDIX,

CONTAINING

STATISTICAL AND OTHER TABLES,

&c., &c.

The Medical Superintendent desires to acknowledge the service rendered to him by the Clerk of the Asylum (Mr. S. A. Mortlock) in the compilation of these Tables.

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TABLE I.

Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year ending 31st December, 1893.

				M.	F.	T.
In the Asylum January 1st, 1893				367	490	857
Admissions—						
	M.	F.	T.			
First Admissions.....	101	102	203			
Re-Admissions.....	33	62	95			
Total Number of Admissions during the Year				134	164	298
Total Number of Cases under Care during the Year.....				501	654	1155
Discharges—						
	M.	F.	T.			
Recovered	22	44	66			
Relieved	21	25	46			
Not Improved	77	54	131			
Died	46	38	84			
Total Number of Discharges and Deaths during the Year				166	161	327
Remaining in the Asylum 31st Dec., 1893...				335	493	828
Average Daily Number Resident during the Year ...				360	508	868
*Persons under Care during the Year				497	653	1150
Persons Admitted				130	163	293
,, Recovered				22	44	66
Transferred to this Asylum...				19	35	54
,, from this Asylum				76	55	131

* Persons, *i.e.*, separate persons, in contradistinction to "Cases," which may include the same individual more than once,

TABLE 1A.

Showing (1) the Previous Attacks among Persons Admitted during the Year 1893, and (2) the Number of Times they have Previously Recovered in this or any Asylum.

(1) NUMBER OF PREVIOUS ATTACKS.	PERSONS.		
	Male.	Female.	TOTAL.
Have had 1 Attack	16	25	41
„ 2 Attacks	2	6	8
„ 3 „	3	6	9
„ 4 „	2	2
„ 5 „	1	1
„ 7 „	1	1	2
„ 8 „	1	1

(2) NUMBER OF TIMES PATIENTS RECOVERED.	IN THIS ASYLUM.			IN ANY ASYLUM.		
	M.	F.	T.	M.	F.	T.
Once	10	14	24	4	6	10
Twice.....	3	4	7	...	2	2
Three Times	2	5	7
Four „	1	1
Five „	1	1
Seven „	1	1	2
Eight „	1	1

TABLE II.

Showing the Admissions, Re-Admissions, Discharges and Deaths, from the Opening of the Asylum to the 31st December, 1893.

	M.	F.	T.	M.	F.	T.
Persons Admitted during the Period of 34½ years.....	3116	3157	6273			
Re-Admissions	453	651	1104			
Total Cases Admitted				3569	3808	7377
Discharges—						
Recovered	978	1169	2147			
Relieved	459	557	1016			
Not Improved	380	339	719			
Died	1417	1250	2667			
Total Discharges and Deaths since the Opening of the Asylum				3234	3315	6549
Remaining 31st Dec., 1893 ...				335	493	828

	Male.	Female.	TOTAL.
Average Daily Number Resi- dent during the 34½ Years	314	389	703
Transferred to this Asylum ...	474	419	893
„ from this Asylum	449	391	840

TABLE IIA.

Showing the Admissions and Recoveries of Persons from
25th July, 1859, to the present date, 31st December,
1893 ($34\frac{1}{2}$ years).*

HISTORY OF RECOVERIES OF PERSONS.

	Male.	Female.	TOTAL.
Persons Admitted during the 34 $\frac{1}{2}$ years	3116	3157	6273
Persons Discharged Recovered	777	921	1698 †
Of whom were Re-Admitted, Relapsed ‡	233	361	594
Recovered Persons who have not Relapsed	544	560	1104
Relapsed Persons subsequently Discharged Recovered §	125	172	297
Leaving a Nett Total of Re- covered Persons	669	732	1401 ¶

* Persons, *i.e.*, separate persons in contradistinction to "Cases," which may include the same individual more than once.

† 27·0 per cent. of Persons admitted.

‡ *i.e.*, Persons who have Relapsed one or more times.

§ *i.e.*, After last Re-Admission, if Relapsed more than once.

|| *i.e.*, Recovered Persons sane at the present time, so far as the Asylum Statistics show.

¶ 22·3 per cent. of Persons admitted.

Year.	Admitted.			Recovered.			Relieved.			Not Improved.			Died.	Remaining 31st Dec. in each year.			Average Daily No. Resident.			Per centage of Recoveries on Admissions.			Per centage of Deaths on Average Daily Nos. Resident.					
	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total		Male	Female	Total	Male	Female	Total	Male	Female	Both	Male	Female	Both			
1859...	143	164	307	2	4	6	...	3	9	1	1	2	4	6	10	135	150	285	108	124	232	1.4	2.4	1.9	3.7	4.8	4.3	
1860...	80	104	184	12	18	30	...	3	4	4	1	5	25	9	34	172	227	399	133	161	294	15.0	17.3	16.3	18.8	5.5	11.5	
1861...	103	66	169	7	22	29	...	1	10	18	3	28	26	19	45	228	231	459	192	227	419	6.8	33.3	17.1	13.5	8.3	10.7	
1862...	60	69	129	14	16	30	...	7	7	3	10	34	23	18	41	242	258	500	232	249	481	23.3	23.1	23.2	9.9	7.2	8.5	
1863...	59	22	81	13	19	32	...	33	33	1	34	8	28	15	43	220	243	463	235	256	491	22.0	86.3	39.5	11.9	5.8	8.7	
1864...	64	70	134	14	10	24	...	4	4	4	8	5	36	21	57	225	276	501	223	250	473	21.8	14.2	17.9	16.1	8.4	12.0	
1865...	67	57	124	16	17	33	...	1	1	4	5	36	29	65	233	277	510	227	281	508	23.8	29.8	26.6	15.8	10.3	12.7		
1866...	70	89	159	17	25	42	...	1	1	...	1	40	30	70	240	303	543	239	296	535	24.2	28.2	26.4	16.7	10.1	13.0		
1867...	69	93	162	15	27	42	...	4	4	4	5	35	37	72	252	315	567	244	312	556	21.7	29.0	25.9	14.3	11.8	12.9		
1868...	119	73	192	14	34	48	...	2	2	...	2	2	28	24	52	322	325	647	290	326	616	11.7	46.6	25.0	9.6	7.3	8.4	
1869...	60	68	128	21	25	46	...	6	6	3	5	35	29	64	318	332	650	320	333	653	35.0	36.7	36.0	10.9	8.7	9.8		
1870...	83	83	166	29	32	61	...	5	2	28	29	57	339	352	691	332	344	676	34.9	38.5	36.7	8.4	8.5	8.4	
1871...	52	64	116	28	35	63	...	16	24	48	1	49	38	31	69	261	341	602	304	345	649	53.8	54.7	54.3	12.5	9.0	10.6	
1872...	138	130	268	23	44	67	...	7	11	...	1	3	35	32	67	332	383	715	295	369	664	16.6	33.8	25.0*	11.8	8.6	10.1	
1873...	100	104	204	30	43	73	...	14	26	2	1	3	45	25	70	342	391	733	337	393	730	30.0	41.0	35.7	13.0	6.6	9.5	
1874...	119	118	237	29	40	69	...	8	13	21	1	2	64	41	105	359	414	773	348	405	753	24.4	33.9	29.1	18.3	10.1	13.9	
1875...	122	136	258	23	34	57	...	35	20	55	18	27	61	59	120	353	419	772	364	422	786	18.8	25.0	22.0*	16.7	13.9	15.2	
1876...	131	117	248	43	47	90	...	16	20	36	6	17	43	40	83	371	423	794	365	424	789	32.8	40.1	36.2	11.7	9.4	10.5	
1877...	105	117	222	26	34	60	...	25	22	47	7	28	46	50	96	358	427	785	360	426	786	24.7	29.0	27.0	12.7	11.7	12.2	
1878...	112	121	233	38	31	69	...	20	14	34	11	21	47	57	104	354	436	790	362	430	792	33.9	25.6	29.6	12.9	13.2	13.1	
1879...	104	111	215	32	36	68	...	15	22	37	4	6	48	50	98	359	437	796	360	440	800	30.7	32.4	31.6	13.3	11.3	12.2	
1880...	115	114	229	46	32	78	...	20	25	45	9	15	53	32	85	349	453	802	361	418	809	40.0	28.0	34.0	14.6	7.1	10.5	
1881...	102	120	222	45	34	79	...	11	16	27	3	3	35	34	69	357	489	846	360	472	832	44.0	28.3	35.5	9.7	7.2	8.2	
1882...	115	107	222	43	70	113	...	10	20	30	6	8	51	27	78	366	473	839	360	475	835	38.7	67.9	52.8	14.1	5.6	9.3	
1883...	103	137	240	42	53	95	...	30	38	68	...	2	41	39	80	356	478	834	360	478	838	40.7	38.6	39.5	11.3	8.1	9.5	
1884...	115	114	229	42	49	91	...	14	28	42	8	12	52	34	86	355	477	832	361	483	844	38.1	45.7	41.9	14.4	7.0	10.1	
1885...	96	114	210	43	29	72	...	14	26	40	4	5	33	39	72	357	496	853	359	480	839	27.1	32.0	29.6	9.1	8.1	8.5	
1886...	100	110	210	40	47	87	...	14	26	40	7	31	45	29	74	351	473	824	357	480	837	42.1	45.6	43.9	12.6	6.0	8.8	
1887...	124	104	228	46	44	90	...	15	10	25	3	7	47	50	97	364	469	833	361	474	835	37.7	43.5	40.3	13.0	10.5	11.6	
1888...	127	116	243	36	31	67	...	19	25	44	5	9	53	27	80	378	498	876	364	485	849	29.7	27.9	28.8†	14.5	5.5	9.4	
1889...	109	123	232	31	30	61	...	27	16	43	35	86†	54	44	98	340	480	820	361	483	844	30.0	26.0	27.9	14.9	9.1	11.6	
1890...	121	168	289	39	38	77	...	19	23	42	7	43	33	70	103	363	481	844	356	485	841	32.5	23.3	27.2	9.2	14.4	12.2	
1891...	131	175	306	41	41	82	...	20	50	70	42	90	52	64	116	339	453	792	363	481	844	34.7	26.2	29.9	14.3	13.3	13.7	
1892...	117	166	283	16	34	50	...	15	21	36	7	9	51	72	123	367	490	857	347	466	813	15.0	21.3	18.8	14.6	15.4	15.1	
1893...	134	164	298	22	44	66	...	21	25	46	77	131	46	38	84	335	493	828	360	508	868	19.1	34.1	27.0	12.7	7.4	9.6	
TOTAL.	3569	3808	7377	978	1169	2147	459	557	1016	380	339	719	1417	1250	2667	Aver. or per cent.	314	389	703	27.4	30.7	29.1	13.0	9.2	10.9			

* The apparently low percentage of Recoveries in these years is due to the Admission of many Chronic Lunatics from St. Pancras, Maidstone, and Peterborough.
† Transfers from other Asylums are deducted before these percentages are computed. ‡ Cases removed to Nottingham and Northampton Asylums.

TABLE V.

Showing the Causes of Death during the Year 1893, together with the Ages at Death.

CAUSE OF DEATH.	TOTALS at all Ages.		Under 15 Years.		15 and 20.		20 and 25.		25 and 30.		30 and 35.		35 and 40.		40 and 45.		45 and 50.		50 and 55.		55 and 60.		60 and 65.		65 and 70.		70 and 75.		75 and 80.		80 and under 100.		Age not known			
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F		
	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T
<i>Cerebral Diseases.</i>																																				
Brain Atrophy	4	1	4	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Apoplexy	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Epilepsy	6	6	12	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Progressive Paralysis of the Insane	7	2	9	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Exhaustion from Mania	3	2	5	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
" " Melancholia.....	5	3	8	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
<i>Thoracic Diseases.</i>																																				
Bronchitis	4	1	5	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Pneumonia	2	2	4	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Phthisis	6	6	12	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Croup	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Morbus Cordis	3	5	8	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
<i>Abdominal Diseases.</i>																																				
Hepatitis	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
<i>Other Diseases.</i>																																				
Cancer of Breast	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
" " Uterus	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Osteo Arthritis	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Senile Gangrene	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Decay of Old Age	6	5	11	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
TOTALS	46	38	84	4	4	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	

Ascertained by *Post-Mortem* Examination :—Males, 10 ; Females, 17 ; Total, 27.

TABLE VI.

*Showing the Length of Residence in those who have Recovered
and in those who have Died during the Year 1893.*

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
Under 1 month.....	1	...	1	14	3	17
1 month and under 3 months	8	7	15	5	2	7
3 months „ 6 „	7	20	27	3	5	8
6 „ „ 9 „	4	5	9	3	6	9
9 „ „ 12 „	...	8	8	4	2	6
1 year „ 2 years	1	4	5	3	3	6
2 years „ 3 „	6	3	9
3 „ „ 5 „	1	...	1	...	2	2
5 „ „ 7 „	1	3	4
7 „ „ 10 „	2	1	3
10 „ „ 12 „	1	...	1
12 „ „ 15 „	1	3	4
15 „ „ 20 „	2	...	2
20 „ „ 25 „	1	1	2
25 „ „ 30 „	3	3
30 „ „ 35 „	1	1
TOTAL.....	22	44	66	46	38	84

Showing the Duration of the Disorder previous to Admission, in the Admissions, Discharges, and Deaths during the Year 1893.

CLASSIFICATION.	ADMISSIONS.			DISCHARGES.				DEATHS.		
				Recovered.		Relieved, or otherwise.				
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	
<i>FIRST CLASS—</i> First Attack, and of less than Three Months' duration on Admission	66	67	133	12	21	33	36	33	96	22 16 38
<i>SECOND CLASS—</i> First Attack, above Three and less than Twelve Months' duration on Admission	9	9	18	..	3	3	13	12	25	5 3 8
<i>THIRD CLASS—</i> Not First Attack, and less than Twelve Months' duration on Admission	32	51	83	9	17	26	28	25	53	6 7 13
<i>FOURTH CLASS—</i> First Attack OR OTHERWISE; of more than Twelve Months' duration on Admission	11	24	35	13	7	20	6 7 13
<i>FIFTH CLASS—</i> Congenital	8	4	12	4	..	4	4 3 8
Not Ascertained	8	9	17	1	3	4	4	2	6	3 5 8
TOTAL	13	164	298	22	44	66	98	79	177	46 38 84

TABLE VIII.

Showing, in Quinquennial Periods, the Ages of those Admitted, Recovered, and Died, during the Year 1893, and of those remaining on the 31st December, 1893.

AGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1893.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.
5 years and under 10 years	2	..	2	2	..	2
10 "	1	3	4	2	..	2	7	4	11
15 "	9	4	13	2	..	2	13	5	18
20 "	9	12	21	1	8	9	..	1	1	18	18	36
25 "	7	14	21	1	3	4	1	..	1	23	36	59
30 "	..	16	33	4	5	9	4	..	6	34	49	83
35 "	17	18	34	2	10	12	6	2	10	32	57	89
40 "	16	19	37	3	2	5	5	4	9	47	68	115
45 "	18	18	28	5	4	9	3	2	5	35	56	91
50 "	10	18	27	3	6	9	2	5	7	40	54	94
55 "	9	18	27	3	9	12	5	3	8	28	42	70
60 "	10	9	19	1	1	2	5	3	8	23	43	66
65 "	9	16	25	1	1	2	2	3	5	12	27	39
70 "	4	10	14	..	1	1	2	5	6	11	15	26
75 "	6	3	9	2	4	6	3	9	12
80 "	6	2	8	5	3	8	4	6	10
85 "	..	1	1	2	2	4
90 "	1	..	1	1	..	1
95 "
Unknown.....	..	1	1	5	4	9
Total.....	134	164	298	22	44	66	46	38	84	335	493	828
Mean Age.....	43.0	43.8	43.4	41.4	36.5	38.1	49.6	56.3	52.6	43.8	46.2	45.2

TABLE IX.

*Showing the Condition as to Marriage in the Admissions, Recoveries, and Deaths during the Year 1893,
and of Patients resident on the 31st December, 1893.*

CONDITION IN REFERENCE TO MARRIAGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1893.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Single	53	70	123	7	22	29	20	14	34	199	249	448
Married	67	61	128	15	15	30	18	14	32	110	174	284
Widowed	10	31	41	..	7	7	7	10	17	13	63	76
Unknown	4	2	6	1	..	1	13	7	20
TOTAL	134	164	298	22	44	66	46	38	84	335	493	828

TABLE X.

Showing the Probable Causes of Insanity in the Patients Admitted during the Year 1893.

Number of Instances in which each Cause was Assigned.									
CAUSE OF INSANITY.	Admissions... {			No. of Cases.			Total, 298.		
	As Predisposing Cause.			As Exciting Cause.			As Predisposing or Exciting (where these could not be distinguished).		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.
MORAL.									
Domestic Trouble (including Loss of Relatives and Friends)	3	10	13
Adverse Circumstances (including Business Anxieties & Pecuniary Difficulties)...	6	1	7
Mental Anxiety and Worry (not included in the above two heads) and Overwork	1	...	1
Religious Excitement	1	...	1
Love Affairs (including Seduction)	1	1
Fright and Nervous Shock	1	1	2
PHYSICAL.									
Intemperance in Drink	10	9	19
Self-Abuse (Sexual)
Stroke	1	...	1
Accident or Injury	2	...	2	2	...	2
Pregnancy	3	3
Parturition and the Puerperal State	6	6
Lactation	2	2
Privation and Starvation
Old Age	5	3	8
Other Bodily Diseases or Disorders	22	8	30
Previous Attacks	18	34	52
Hereditary Influences Ascertained (direct and collateral)	13	23	36
Congenital Defect Ascertained
Unknown
							13	23	36
							10	5	15
							54	77	131

TABLE XI.

Showing the Form of Mental Disorder on Admission in the Admissions, Recoveries, and Deaths of the Year 1893, and the Form of Mental Disorder of the Inmates on 31st December, 1893.

FORM OF MENTAL DISORDER.	ADMISSIONS.			RECOVERIES.			DEATHS.			REMAINING IN ASYLUM.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.
Congenital or Infantile Mental Deficiency (a) with Epilepsy	2	1	3	2	...	2	7	2	9
" (b) without Epilepsy	7	7	14	2	...	2	33	31	64
Epilepsy—Acquired	11	7	18	7	9	16	49	60	109
General Paralysis of the Insane	15	4	19	7	3	10	19	14	33
Mania:—												
Acute	31	42	73	10	13	23	7	7	14	22	35	57
Chronic	11	20	31	82	167	249
Recurrent	11	17	28	5	10	15	...	1	1	21	22	43
e Potu	...	1	1	...	1	1	1	...	1
Puerperal	...	5	5	...	2	2
Senile	4	2	6	2	2	4	10	5	15
Melancholia:—												
Acute	16	29	45	3	14	17	6	6	12	9	18	27
Chronic	...	6	6	23	40	63
Recurrent	6	12	18	3	3	6	1	7	8
Puerperal
Senile	1	1	3	5	8
Dementia:—												
Primary	1	...	1	1	1	2	6	8
Secondary	9	10	19	5	2	7	47	75	122
Senile	9	1	10	8	6	14	6	6	12
Not Insane	1	...	1	1	1	2
TOTALS	134	164	298	22	44	66	46	38	84	335	493	828

TABLE XII.

Showing the Station or Occupation of Patients admitted during the Year 1893.

MALES.		MALES.		FEMALES.		FEMALES.	
NO.		NO.		NO.		NO.	
2	Agents.....	28	Labourers (General).....	1	Artist.....	1	Wife of Groom.....
2	Bakers.....	14	" (Agricultural).....	4	Charwomen.....	1	" Bargeman.....
1	Brush-Maker.....	1	Manufacturer.....	6	Cooks.....	1	" Shoemaker.....
3	Butchers.....	1	Mariner.....	3	Dressmakers.....	1	" School Master.....
1	Bæman.....	1	Newspaper Vendor.....	27	Domestic Servants.....	1	" Clerk.....
1	Butler.....	4	Painters.....	1	French Teacher.....	1	" Clergyman.....
2	Bricklayers.....	1	Pensioner (Army).....	1	Governess.....	1	" N.C. Officer (Army).....
4	Clerks.....	1	Porter.....	5	Housekeepers.....	1	" Fisherman.....
3	Carpenters.....	1	" (Railway).....	2	Housewives.....	1	" Coast Guard.....
1	Cellarman.....	1	Publican.....	1	Ironer.....	1	" Coachman.....
4	Coachmen.....	1	Poulterer.....	2	Laundrywork.....	1	" School Teacher.....
4	Chemists.....	2	Shoemakers.....	3	Lodging-house Keepers.....	1	" Plumber.....
1	Cane Worker.....	1	Shipwright.....	1	Laundress.....	1	" Painter.....
1	Carters.....	2	Soldiers.....	1	Midwife.....	1	" Carpenter.....
2	Cabmen.....	1	Shepherd.....	1	Music Teacher.....	1	" Inspector S.P.C.A.....
1	Decorator.....	1	Tailor.....	3	Nurses.....	3	" Widows of Labourers.....
2	Farmers.....	1	Traveller (Commercial).....	4	Needlewomen.....	45	" No Occupation.....
1	Farm Bailiff.....	1	Turner (Iron).....	3	Paupers.....	12	" Not Ascertained.....
1	Fish Hawk.....	1	" (Wood).....	1	Schoolmistress.....		
1	Greengrocer.....	1	Waterman.....	1	Shop-keeper.....		
1	Gardeners.....	1	Wheelwright.....	1	Teacher of Languages.....		
2	Grooms.....	21	No Occupation.....	1	Wards-Maid.....		
1	Grocer's Assistant.....	1	Not Known.....	1	Waiting-Room Attendant.....		
1	Gas Fitter.....	1		12	Wives of Labourers.....		
1	Game-keeper.....	1		2	" Farm Labourers.....		
1	Kitchen-Boy.....	1		1	Wife of Army Pensioner.....		
		134½	TOTAL.....				TOTAL.....
							164

TABLE XIII.

Patients' Daily State and Employment.

(Compiled from the Daily State Book, which is made up from the Ward Returns).

OCCUPATION OR TRADE.		Daily No. of Patients Employed.
Male Patients.		
Working Party.	With the Gardener and Out-door Attendants	54
	With the Farm Attendants	17
	With the Cowman	4
With the	Carpenter	2
"	Bricklayer	1
"	Upholsterer	2
"	Basket-maker	1
"	Tailor	14
"	Shoemaker	8
"	Matmaker	16
"	Painter	5
"	Engineer	4
"	House Attendant	4
"	Bath	4
In the	Dining Hall	10
"	Storekeeper's Stores	3
"	Wards (Cleaning)	82
Daily Number Employed		231
Female Patients.		
In	Laundry and Wash-house	66
"	Kitchen	8
"	Dining Hall	18
"	Wards, &c. (Cleaning)	46
"	" (Needlework)	238
"	Vegetable Room	2
Daily Number Employed		378

ATTENDANCE AT—	DAILY ATTENDANCE.			
	M.	F.	TOTAL.	
Sunday Divine Service {	In Dining Halls ...	281	478	759
	In Chapel	211	301	512
Week-day Morning Prayer	260	376	636	
School	51	60	111	
Weekly Ball	102	149	251	
Other Entertainments	120	140	260	
Walk about the Grounds	89	363	452	
" beyond "	104	120	224	
" on the Terraces	223	460	683	
NIGHT REPORT.				
Number of Wet Cases	6	2	8	
" Dirty "	3	2	5	
" Noisy "	4	6	10	
AVERAGE DAILY NUMBER RESIDENT.				
	369	502	871	

TABLE XIV.
THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£750	} Furnished House, Coals, Vegetables, and Laundry.
Chaplain	250	
Clerk to Visitors	200	
Clerk of Asylum	300	} None.
Senior Assistant Medical Officer ...	250	
Junior Assistant Medical Officer ...	125	
Housekeeper	60	} Lodging, Board, Washing, and Atten- dance.
Head Attendant (Female)	110	
Female Assistant Officer	35	
Storekeeper	150	} House, Coals, and Gas.
Head Attendant (Male)	100	

ATTENDANTS AND SERVANTS.

2 Male Attendants (Night)	66	0	0	} Without Board, &c.
1 Ditto ditto	63	0	0	
1 Ditto ditto	60	0	0	
1 Ditto ditto	59	0	0	
1 Ditto ditto	56	0	0	
1 Ditto ditto	26	0	0	} With Board, Lodging, and Washing.
1 Organist and Schoolmaster	80	0	0	
1 Office Clerk	104	0	0	} Without Board, &c.

Board, Lodging, and Washing:—

1 Male Attendant (Dining Hall)	36	0	0	4 Female Attendants	18	0	0
3 Ditto	44	0	0	2 Ditto	17	0	0
3 Ditto	40	0	0	8 Ditto	16	0	0
1 Ditto	37	0	0	1 Seamstress	25	0	0
2 Ditto	36	0	0	1 Head Laundry Maid	30	0	0
1 Ditto	34	0	0	1 Laundry Maid	20	0	0
1 Ditto	33	0	0	1 Ditto	18	0	0
1 Ditto	31	0	0	1 Ditto	16	0	0
1 Ditto (Basket Maker)	31	0	0	1 Hall Porter	44	0	0
3 Ditto	30	0	0	1 Man Cook	45	0	0
1 Ditto	28	0	0	1 Dairy Maid	20	0	0
5 Ditto	26	0	0	1 Kitchen Maid	18	0	0
1 Female Attendant (Night)	30	0	0	1 Vegetable Room Maid	14	0	0
1 Ditto ditto	22	0	0	3 Housemaids	16	0	0
1 Ditto ditto	21	0	0	1 Farm Attendant	36	0	0
1 Ditto ditto	20	0	0	1 Ditto	32	0	0
2 Ditto ditto	18	0	0	1 House Attendant	31	0	0
1 Ditto (Dining Hall)	20	0	0	1 Bath ditto	27	0	0
1 Ditto	40	0	0	<i>House, Coals, Vegetables, &c.</i>			
1 Ditto	31	0	0	per Week.			
1 Ditto	30	0	0	1 Engineer (House, Coals and Gas)	2	0	0
2 Ditto	25	0	0	1 Bailiff	1	7	0
1 Ditto	21	0	0	1 Gardener	1	0	0
4 Ditto	20	0	0	1 Blacksmith (House & Gas)	1	6	0
2 Ditto	19	0	0	1 Front Ground Labourer	0	18	6

	per Week.		per Week.
Shoemaker	1 6 0	Garden Labourer	0 18 0
Matmaker	1 6 0	Painter and Glazier	1 11 0
Tailor	1 4 0	Painter	1 7 0
Cabinet-maker	1 12 0	Stoker	1 1 0
2 Bakers	1 4 0	Ditto	0 19 0
Butcher	1 6 0	Cowman	1 0 0
Florist	1 1 0	Under Cowman	0 17 0
Carpenter	1 11 0	Two Carters	0 19 0
1 Ditto	1 10 0	Farm Labourer	0 17 0
Bricklayer	1 11 0	Stockman	0 16 0
Bricklayer's Labourer	1 0 0	House Carter	1 2 0

Made up on March 31st, 1894.

TABLE XV.

Contract Prices of the Principal Articles of Consumption for the Year 1893.

ARTICLES.	QUARTERS ENDING					
	March.		June.		September.	
	£	s. d.	£	s. d.	£	s. d.
Beef	0	4 0	0	4 0	0	4 0
Mutton	0	4 0	0	4 0	0	4 0
Pork—American.....	1	17 0	3	1 0	3	4 0
Flour—Housholds.....	1	2 0	1	1 0	1	2 6
“ American (Pillsbury’s Im- proved Straights).....	1	0 6
Meal	1	0 0	1	0 0	1	0 0
Ale—X	1	1 0	1	1 0	1	1 0
“ XX	1	10 0	1	10 0	1	10 0
Cheese—Gouda	2	5 0	2	16 0
Butter	5	18 0	5	12 0	5	12 0
Bacon	3	12 0	3	13 0	3	13 0
Sugar—Raw	0	15 9	0	17 0	0	17 0
“ Refined	1	0 0	1	1 9	1	1 9
Navy Cocoa	4	4 0	4	8 0	4	8 0
Treacle	0	12 0	0	12 0	0	14 0
Raisins	1	13 0	1	12 0	1	10 9
Currants	1	10 0	1	8 0	1	4 0
Split Peas	0	7 6	0	7 3	0	6 9
Soap—Yellow	1	1 0	1	3 0	1	2 9
“ Soft	0	14 6	0	14 6	0	14 6
Coals—Steam	1	0 5	1	0 5	0	19 4
“ House	0	18 9	0	18 9	0	19 0
“ Coke	0	7 7	0	7 7	0	15 3
“ Chaldron

TABLE XVI.
DIET SCALE.

BREAKFAST At 8.0 A.M.										DINNER at 1.0 P.M.										SUPPER at 6.0 P.M.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
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Butter.	Bread.	Cocoa.	Bread.	Butter.	Coffee.	Bread.	Butter.	Coffee.		Uncooked Meat.	Meat Pudding.	Suet Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	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Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	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Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.

Bread is given practically *ad libitum*.

TABLE XVI.—Continued.

DINNER.

	Male Patients.	Female Patients.		Male Patients.	Female Patients.
Sunday	Pork and Suet Pudding, with Rice and Fruit in season.	Roast Meat, with Rice and Fruit in season.	Thursday ...	Roast Meat & Pickled Pork; Peas Pudding.	Plum Pudding & Treacle Sauce.
Monday	Pea Soup.	Pork or Beef and Vegetables; Peas Pudding.	Friday ...	Meat Pudding.	Pea Soup. Every other Friday, $\frac{1}{4}$ lb. of Fresh Fish.
Tuesday	Meat Pudding and Rice Pudding.	Meat Stew.	Saturday ...	Pea Soup. Every other Saturday, $\frac{3}{4}$ lb. of Fresh Fish.	Meat Pudding.
Wednesday ...	Plum Dumpling and Treacle Sauce.	Meat Stew.			
<p><i>Bread, Beer, and Vegetables Daily.</i> <i>When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females.</i></p>					

Extra Diet for Sick.—Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Working Patients.— $\frac{1}{2}$ Pint Beer, 2oz. Bread, 1oz. Cheese at 11 A.M., and $\frac{1}{2}$ Pint Beer at 4 P.M.; the Laundry Patients 4oz. Bread with Butter, and $\frac{1}{2}$ Pint Tea. Tobacco and Snuff given as indulgences.

Attendants' and Servants' Diet.—Men, 1lb. Uncooked Meat; Women, $\frac{3}{4}$ lb. ditto; 1lb. Vegetables, 1lb. Bread, 2 Pints Beer daily; 2oz. Tea, $\frac{3}{4}$ lb. Sugar, $\frac{1}{4}$ lb. Coffee, $\frac{1}{2}$ lb. Butter, 1lb. Cheese weekly. $\frac{1}{4}$ lb. of Meat may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

Cocoa for One Hundred Patients.—3 $\frac{1}{4}$ lbs. Cocoa, 4 $\frac{1}{2}$ lbs. Sugar, 3 Gallons Milk, or more, if the Dairy yields it.

Coffee Ditto 1 $\frac{1}{2}$ lbs. Coffee, $\frac{1}{4}$ lb. Chicory, 3 $\frac{1}{2}$ lbs. Sugar, 2 Gallons Milk.

Tea Ditto 1lb. Tea, 4lbs. Sugar, and 2 Gallons Milk.

Pea Soup Ditto { The Liquor of the Cooked Meat, Bones, &c.; 25lbs. Meat; 18lbs. Split Peas; Turnips, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

Meat Pie Ditto Dripping Crust; 3lbs. Flour; 5lbs. Potatoes; 13lbs. Meat.

Meat Pudding Ditto 25lbs. Meat; 25lbs. Flour. (Boiled or Baked.)

Meat Stew Ditto 25lbs. Meat in a Stew, with Potatoes and other Vegetables mixed with Rice.

Plum Pudding, 100lbs. weight.—Flour, 46 $\frac{1}{2}$ lbs.; Suet, 6 $\frac{1}{2}$ lbs.; Raisins, 7 $\frac{1}{2}$ lbs.; Currants, 7 $\frac{1}{2}$ lbs.

(Signed)

C. E. SAUNDERS, M.D.,

Medical Superintendent.

HAYWARDS HEATH, September 30th, 1893.

RAINFALL IN 1893.

Rain Gauge. { *Diameter of Funnel, 5in.*
Height of Top { *Above Ground, 1ft. 1in.*
Above Sea Level, 281ft.

MONTH.	Total Depth.	Greatest fall in 24 Hours.		Number of Days on which .01 or more fell.
		Inches.	Date.	
JANUARY	1.88	.42	9	14
FEBRUARY	3.17	.64	20	19
MARCH	0.50	.15	16	5
APRIL	0.00	.00
MAY	0.53	.30	17	4
JUNE	2.71	1.71	19	5
JULY	3.21	.64	16	11
AUGUST	0.42	0.34	3	2
SEPTEMBER	3.25	1.00	29	13
OCTOBER	4.22	1.51	11	14
NOVEMBER	1.88	0.50	14	10
DECEMBER	2.13	0.46	19	9
<i>Total</i>	23.90	106

REPORT OF THE VISITING COMMISSIONERS IN LUNACY.

SUSSEX LUNATIC ASYLUM,

May 19th, 1893.

To-day we finished our statutory inspection of this Asylum. The Commissioners' visit last year was on November 19th. The numbers of patients in the wards have not been reduced since November; on the contrary, they have risen: they are now 875, an increase in both divisions. The overcrowding is sought to be abated by renting the detached Infirmary of the Chailey Workhouse at Chailey, five miles away, for the accommodation of 40 women. A plan of the Infirmary has been produced, and we propose to-day to inspect the building. Two children are the only patients boarded out in this neighbourhood; there are now 157 patients boarded out at Northampton County Asylum, and 5 at Oxford County Asylum. Only one patient is absent for probation, and she has an allowance towards her support outside. Three patients have been sent out with a weekly allowance prior to their discharge since the Commissioners were last here.

The plans for the new Asylum for West Sussex are under consideration, a site having been selected near Chichester.

From the records it appears that since November 19th the admissions have been 139; the discharges

have been 54, including 21 cases upon recovery and 12 transferred to other Asylums. The deaths registered are 51, of which but 14 were the subjects of autopsy—a small proportion. The returns for 1892 show that the recoveries of that year, as compared with the admissions (excluding transfers) were only 18·86 per cent., and the mortality, calculated on the average daily numbers resident, amounted to 15·12 per cent. for both sexes. During the six months since the last visit of the Commissioners the death-rate has not exceeded 11·50 per cent. per annum. The principal causes of death have been pulmonary consumption, general paralysis, and senile decay. One epileptic woman died from pneumonia following a fractured rib, but there was no evidence to show how the fracture was caused. In this case a coroner's inquest was held, and the particulars were communicated then to our Office. This appears to have been the only fatal casualty.

We have seen yesterday and to-day the patients in residence. 114 women and 112 men had gone to a picnic at Ditchling when we arrived yesterday, but were seen by us this forenoon; their personal appearance is creditable to those whose duty it is to see to their cleanliness and clothing. The dietary is good, and a substantial dinner was on table for the meal which we saw, that in the women's hall. No complaint to us (and the complaints were few) deserve mention here; those referring to detention appear to be groundless and the rest were apparently the outcome of insane delusions.

No increase has been made in the proportion of attendants to patients, and it remains one to 12½

patients in the male, and one to 17 in the female division; a proportion sufficient perhaps for the custody but inadequate for the proper treatment of the patients in the way of daily extended outdoor exercise, which so materially conduces to the recovery of the curable, and to the amelioration of the condition of the chronic class.

From the returns furnished to us at our request we learn that daily exercise beyond the airing courts is given to 46 men (not including those working on the land) and to 79 women only; but once a week 110 male and 118 female patients walk beyond the Asylum estate. Valuable as picnics in the neighbourhood are as means of occasional healthy variety in Asylum life, they cannot take the place of extended exercise, which, to be remedial, should be daily, and should be given to all the patients not physically incapacitated.

The present number of General Paralytics is 29, *i.e.* 18 of men and 11 of women. The Epileptics are reported to be 56 of the male and 63 of the female sex, all sleeping under continuous supervision at night. The patients deemed to be actively suicidal are 44 men and 42 women; these too sleep in observation dormitories. The day attendants are supplied with "caution cards" insisting on all these patients never being lost sight of; the weakness of the staff numerically renders compliance, however, with these instructions virtually impossible in this direction in some wards. In the event of a suicide the responsibility will rest with the Medical Superintendent for not making arrangements that are practicable for the safety of the patient known to be prone to self-destruction.

The proportion of employed patients to the total number is good, viz., 67 per cent. of the men, 72 per cent. of the women. These figures include 79 male, 44 females, chiefly working as ward cleaners. Eighty-nine men help on the land and farm, 66 women assist in the laundry.

We saw a good supply of books and newspapers in the wards.

There are two Sunday services in the Chapel: the numbers attending Chapel last Sunday were in the morning 236, in the afternoon 238 patients.

Mechanical restraint has not been resorted to, and seclusion was limited to a male patient twice for half-an-hour.

Of the state of the wards on each side of the Asylum we can report as favorably as heretofore; they are suitably furnished, and the day rooms are well supplied with flowers. The sick seem well cared for; only one patient has a bedsore, and she is a General Paralytic. We regret that there is no institution to which the idiot children here might be sent, as, mixed with adult lunatics, they are likely to degenerate rather than improve in conduct and habits.

The bakehouse of this Asylum has been remodelled most satisfactorily, and the improvement of the dairy is in progress.

CHARLES PALMER PHILLIPS,	} <i>Commissioners in Lunacy.</i>
JOHN D. CLEATON,	